

Monday Breakfast:

Executive Continental Breakfast:
Bagels, muffins, fruit, coffee, tea & juice

Monday Lunch:

House salad
Seasoned baked chicken served with rice pilaf,
Chef's choice of vegetable & dinner roll

Vegetarian option:

House salad
Vegan white beans & kale: Pan seared extra virgin olive oil,
roasted garlic, tomato and locally grown micro kale
seasoned with a dash of white balsamic vinegar & sea salt

Tuesday Breakfast:

Plated Early Riser:
Scrambled eggs, bacon, American fries,
muffin, coffee, tea & milk

Vegetarian option includes no meat.

Tuesday Lunch:

House salad
Roasted turkey served with mashed potatoes & gravy,
Chef's choice of vegetable, house salad & dinner roll

Vegetarian option:

House salad
Portobello mushroom cap rubbed
with chipotle infused olive oil, packed with
flame roasted black beans, zucchini, corn and
sweet peppers, topped with creamy gorgonzola,
served with fragrant basmati rice